

Domestic Violence/ Intimate Partner Violence Resource List

Sections:

1. **Places to go for help – counselling, crisis, shelter, etc. (and information): Domestic Violence Agencies/ Services**
2. **Education, Prevention &, Legal information:**

This list starts with places that provide direct services such as crisis support, counselling, & housing; the second part lists places that provide helpful information, tips, strategies and referrals. This is a partial list of resources, it is not intended to be comprehensive. Many of the places listed will also provide referrals and information to further resources. Most services are free or OHIP covered, many provide services in multiple languages. This list is reviewed and updated annually.

1. *Places to go for help*

Domestic Violence, Intimate Partner Violence Agencies:

Assaulted Women's Helpline <http://www.awhl.org/> Is an anonymous and confidential service that doesn't require you to give a name. Their toll-free number doesn't show up on your phone bill and they don't have call display.

- GTA 416.863.0511
- GTA TTY 416.364.8762
- Toll Free Ontario 1.866.863.0511
- Toll Free TTY Ontario 1.866.863.7868
- **#SAFE** (#7233) on your Bell, Rogers, Fido, Telus phone

Women's Shelters:

- Looking for a women's **Shelter** in Toronto call **Central Family Intake** at 416-397-5637
- Looking for a women's shelter across Canada; <http://www.shelternet.ca/splashPage.htm> (site is in 10 languages)
- To find out what women's shelter services are available for Francophones in your region, please call 1-877-FEMAIDE or 1-877-336-2433 (French only)

Sexual Assault Treatment Centres <http://www.satcontario.com/en/home.php>
“Ontario Network of Sexual Assault/Domestic Violence Treatment Centres. Established by the Ministry of Health and Long-Term Care in 1993, the Network provides leadership and support to 35 hospital-based sexual assault and domestic violence treatment centres across Ontario” Website links to services across Ontario. Serves any gender.

<http://www.schliferclinic.com/schliferClinic.html> provides free and integrated legal, counselling, interpretation, information and referral services for women who have experienced violence – including partner assault, incest/childhood sexual abuse and sexual assault. Including support and guide to developing a [safety plan](#). The clinic is involved in public education, training, community development and advocacy and takes multi-faceted approaches to achieve freedom from violence for all women. To contact the Counselling Department, please call our Intake Counsellor at (416) 323-9149, ext. 234. (Multiple languages)

Toronto Police Services:

<http://www.torontopolice.on.ca/communitymobilization/domesticviolence/>
or your **local Police Services- Domestic Violence Response Unit**

YWCA <http://www.ywcatoronto.org/index.htm> Programs and services which help women and girls escape violence and rebuild healthy lives, while offering a range of housing options, employment and skills development, as well as girls’ and family programs throughout the city. Welcomes women of all faiths, sexual orientations, races, cultural affiliations and creeds.

Family Services Association of Toronto: short term, individual and couple counseling, including LGBTQ people (fee for service) <http://www.fsatoronto.com/>
Also provides Partner Assault Response services (programs for men who have convicted of abuse) for men in same sex relationships. Website has annotated bibliography on same sex partner abuse research articles.

Women’s College Hospital: Women Recovering from Abuse Program WRAP <http://www.womenscollegehospital.ca/programs/program126.html> commonly known as **WRAP** - is an eight-week half-day group therapy and individual counseling program for women who have experienced childhood abuse, who suffer from mental health problems and who have sought traditional forms of psychiatric treatment in the past. WRAP is part of the Trauma Therapy Program.

Nina's Place – Joseph Brandt Hospital (Burlington) 905-632-3737 x 5708
Sexual Assault care for women, men and youth who have experienced sexual assault within the past 72 hours and/or recent domestic violence. We also provide care to children who have recently told someone they have been sexually assaulted. We can only collect evidence if the assault took place within the past 24 hours. Serves residents of Acton, Burlington, Georgetown, Milton and Oakville.

The National Lesbian, Gay, Bi Youthline – 1-800-268-9688
www.youthline.com confidential brief counseling and referrals on a range of issues.

The London Abused Women's Centre “offers abused women hope and help for their hurt through the provision of advocacy, counselling and support services in a safe, non-crisis, non-residential setting” The website provides information about the Centre's services as well as educational information about woman abuse. <http://www.lfcc.on.ca/index.htm>

2. Education, Prevention &, Legal information (also have lists of more places to go for help)

- Ontario Women's Directorate (Ont government):
<http://www.citizenship.gov.on.ca/owd/english/women/need.shtml>
extensive list of services available (site is in English and French)
- www.211toronto.ca **or call 211**; lists many kinds of services including those related to abuse
- <http://www.onefamilylaw.ca/> **family law education for women.** “Dealing with issues like divorce, custody or support? Plain language legal information on women's rights under Ontario family law is available in **14 languages** and in multiple formats.” Including resources for Women with disabilities and Deaf Women.

- <http://neighboursfriendsandfamilies.ca/> (including specific resources for Aboriginal women) **Warning Signs of Abuse; Signs of High Risk; Ways to Support Her; Overcoming Your Hesitation to Help; Where to Get Information**
- <http://www.metrac.org/> **The Metropolitan Action Committee on Violence Against Women and Children (METRAC)** “is a not-for-profit, community-based organization that works to prevent and end violence against diverse women, youth, and children. METRAC has three main program areas: Community Safety, Community Justice, and Community Outreach and Education.” Many booklets and resource guides on legal options, prevention and dealing with violence including for particular communities of women such as Immigrant women, Deaf women, women with disabilities, Aboriginal women and youth – often in multiple languages.
- <http://www.attorneygeneral.jus.gov.on.ca/english/ovss/> **Victim Services (for all genders)** The Ontario Victim Services Secretariate is a division of the Ministry of the Attorney General that works to ensure that victims of crime are treated with respect and receive the information and services they need. They don’t provide treatment or counselling directly, but have a database of service providers across Ontario – you can search by town or city and kind of service you need.
- <http://www.womanabuse.ca/> **“The Woman Abuse Council of Toronto** was launched in 1991 to develop a coordinated community response to woman abuse in Toronto. The Council is a policy development and planning body that coordinates an efficient and effective approach to providing services for assaulted women and their families.”
- <http://www.springtideresources.org/> **Springtide Resources** “promotes healthy and equal relationships by engaging diverse communities in shared educational strategies designed to prevent violence against women and the effect it has on children”. Includes resources for same sex domestic violence.
- http://www.owjn.org/index.php?option=com_content&view=article&id=153:what-are-no-contact-orders&catid=55:family-law **Ontario Women’s Justice Network.** A range of information including about Restraining Orders, Peace Bonds and Terms of Release

- **The Centre for Children and Families in the Justice System** “Is a non-profit social service agency helping children and families involved with the justice system as victims of crime, witnesses of crime, parties in custody disputes, subjects of child protection proceedings, litigants in civil suits for compensation, teenagers in therapeutic care settings, or youthful offenders. Includes a thorough list of resources across Canada.
<http://www.lfcc.on.ca/index.htm>
- http://www.helpguide.org/mental/domestic_violence_abuse_types_signs_causes_effects.htm An American website but provides many checklists and guides to recognizing and addressing domestic violence.
- www.casac.ca/ **Canadian Association of Sexual Assault Centers** Pan Canadian group of sexual assault centres who have come together to implement the legal, social and attitudinal changes necessary to prevent, and ultimately eradicate, rape and sexual assault. Includes a list of Anti_Violence Centres – places that provide direct service to women – across Canada.